

# Risk Assessment

## Who is the course for?

Essential for those who are asked to write or update risk assessments. Also for those who need to be able to check on whether safe systems of work and risk assessments provided by others are suitable.

Any employer, manager, or supervisor who is involved with developing safe ways of working or looking after the documentation associated with safety.

## What's in the course?

The course provides a solid overview of the subject - delegates can expect to leave with understanding and confidence in their new found skills. The day will be interactive, interesting and engaging. It will involve a lot of workshop based activities to ensure delegates feel comfortable with the concepts and terminology of risk management.

Programme includes:

- **The legal requirements**
- **Essential concepts - hazard and risk**
- **Understanding likelihood and severity**
- **Methods of reducing risk**
- **The hierarchy of controls**
- **Recording and communicating**
- **Reviewing and updating**



A combination of teaching methods will bring this subject to life. There will be a number of interactive group exercises to allow delegates to gain a memorable understanding as well as expert presentation from our friendly, knowledgeable tutors.

## Assessment

At the end of the course each delegate will be asked to produce a suitable and sufficient risk assessment for a task relevant to them. The tutor will also undertake a written or verbal assessment if needed.



## Course Duration

1 day open course.  
If you would like a half or full day in house course we are happy to come to you.

## Please bring...

An open mind and a willingness to share your valuable experiences with the group.

## Publications

Delegates will receive HSE's 5 steps to Risk Assessment plus additional guidance from us



Visit [www.hcssafety.co.uk](http://www.hcssafety.co.uk) for dates and prices

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## Course Programme Guide



### Session 1

- The legal requirements for Risk assessment
- Health & Safety at Work Act
- Management of Health and Safety at Work Regulations 1999
- What does “suitable and sufficient” mean
- What to record / what NOT to record
- Key concepts - what do you know?

### Session 2

- Understanding key concepts
- Different types of hazard
- Identifying those at risk
- Risks and consequences
- Evaluating Risk
- Likelihood and severity

### Session 3

- Methods of reducing risk
- Hierarchy of controls
- Choosing effective control measures

### Session 4

- Recording your assessment
- Communicating effectively
- Reviewing and updating your risk assessment



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