

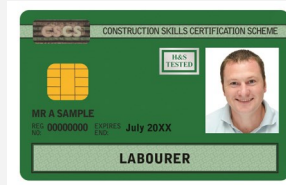
# Health & Safety Awareness (Green Card Course)

## Who is the course for?

Operatives who work on any type of building site and in any trade. It is vital that those most affected by the dangers on site fully understand them and what they need to do to stay safe.

## Why must I attend?

You will need to pass this course in order to get you Green CSCS card. This course is also cited by BUILD UK training standards as the appropriate training level for site operatives.



## Course Benefits

People who work on site are more likely to be hurt at work than in almost any other industry. This course will explain the legal duties to look after yourself, report problems and cooperate with employers, as well as fully understanding the dangers that you may face.



We will focus on identifying hazards to health as well as safety, the consequences of exposure and how to control these serious risks.

Certainty is important for those who work in dangerous jobs and we aim to provide it. Delegates also find out a lot from each other, most importantly how working safely is an essential part of being good at your job.

This will be an intense but rewarding day for all attendees, resulting in certainty, new knowledge and understanding.

## Assessment

There will be continual assessment throughout the course, which will end with a multiple choice exam.

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## Course Duration

1 day

## Refreshers

Renew your  
certificate after 5  
years

## Publications

All delegates  
receive a copy of  
Safe Start (GE  
707), an excellent  
safety handbook.



Visit [www.hcssafety.co.uk](http://www.hcssafety.co.uk) for dates and prices

# Health & Safety Awareness Course Programme Guide

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## Session 1

Introduction

The Effects of accidents - an investigation of how accidents affect victims, companies and society

The Health & Safety at Work Act 1974 - your rights and responsibilities

Enforcement and Penalties - who are the HSE and what are their powers?

## Session 2

Risk assessment principles - what is hazard, what is risk, what are effective control measures

Working at Height

- Avoiding/ preventing falls/ protecting and arresting falls

- Selection of access equipment

Access around site - tidiness, transport and traffic

## Session 3

Excavations and confined spaces

Electricity - overhead and underground

Fire prevention and protection

Hazardous substances -

- site chemicals, silica, dermatitis, biological hazards, asbestos

## Session 4

Noise and vibration

Environmental hazards

Manual handling

end of course test



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